



The Magnitude of the Solution

Preventing Adverse Childhood Experience

Plenary

In the last two decades, scientists have learned a lot about the power of experience to shape health and well-being throughout people’s lives, and across generations. Adverse Childhood Experiences (ACEs) powerfully influence how we respond to stress, our risk for disease and injury, and how we relate to ourselves and the world around us. Across the generations, we pass biologic and genetic “messages” that may have kept us safe at one time in history, and yet make life harder now. Intergenerational adversity and ACEs affect every workforce, and can make parenting, and parent engagement, more challenging. This plenary will provide an overview of the science of adaptation and provide examples of policy and practice changes informed by ACE concepts.

When Culture Heals

Creating Self-Healing Communities

Plenary

Are you curious about how some communities build the capacity to improve lives year over year, even in the face of tremendous challenges? The most powerful drivers of people’s health, safety and productivity are interrelated, and they happen in a place – community. Building the capacity of communities to solve complex problems involves helping people to shift to new ways of working and new ways of living day-by-day with others. Based on over seventeen years of experience as a partner with forty-two Self-Healing Communities, Laura Porter will share stories that illustrate what matters most for community success and provide ideas and strategies that will help residents and professionals to contribute to that success.