

FASD – Concurrent Sessions

**Friday 20 September
11.30am – 12.50pm**

Te Ara Manapou – tamariki, whānau, community and context. Bringing the past and future together

Julie Oliver-Bell, Clinical Team Leader, Te Ara Manapou, Hawke's Bay District Health Board
Andi Crawford, Clinical Psychologist, Te Ara Manapou, Hawke's Bay District Health Board

Our children of today are our leaders of tomorrow

Poipoia te kakano Kia puawai (Nurture the seed and it will blossom)

Titiro whakamuri Kokiri whakamua (Look back and reflect so you can move forward)

Te Ara Manapou is a pregnancy and parenting addiction service seeking to engage those women who have not been able to move forward. Looking back, many of our women have experienced pre and postnatal adversity, which has affected their whole being. This presentation will review FASD doctoral research from the Child Development Service which found that social and emotional competence is much more important than IQ for everyday functioning. Children also experience high Adverse Childhood Experiences (ACEs), which are also associated with poor social and emotional competence. Good social and emotional skills establish connection, connections build relationships, relationships foster belonging, and belonging creates identity.

Te Ara Manapou looks back and finds many of our people with addiction have experienced high ACEs. Looking forward, we link with child development to ensure the future generation is well supported as well as embedding a whole person approach in working with addiction. Māori models are paramount to ensure all pillars of Te Whare Tapa Whā are supported. Our focus on building connections with our women is an important part of helping them to build connections with others. We all do better when we belong.

Biographies of presenting authors

Julie is Clinical Team Leader for Te Ara Manapou, Hawke's Bay Pregnancy and Parenting Service. She is a social worker who has worked in the community for many years with time in the NZ Police and the past five years at the District Health Board. Julie has a whānau approach to her work and utilises the service's strength-based approach in both her client and management work.

Andi is a Clinical Psychologist also working in Te Ara Manapou at Hawke's Bay DHB. Her previous experience includes working in child development, maternal mental health and Child and Adolescent Mental Health Services. Andi has a PhD in Clinical Neuropsychology. Her research focused on what factors influence the functioning of children with FASD. She has been

a member of the Ministry of Health FASD Clinicians Advisory Group (NZ) and is currently co-chair of the Australian New Zealand FASD Clinical Network.

FASD Community Messaging

Ella Mikic-Trbojevic, Community Action on Youth and Drugs (CAYAD) Advisor, Auckland Council

The Fetal Alcohol Spectrum Disorder Community Messaging Project aims to encourage community-led messaging and awareness-raising on the harms of drinking during pregnancy. This project is part of a collaborative and progressive effort to increase awareness of the harms of drinking during pregnancy and the effects of FASD.

CAYAD) Tāmaki Makaurau joined Counties Manukau District Health Board and the Health Promotion Agency to develop and deliver a South Auckland localisation of the 'Pre-Testie Bestie' campaign. Insight-gathering workshops helped identify messages that were aligned to the values of the target audience. Key insights were:

- The need to put more of a Māori and Pasifika lens on the campaign
- Understanding specific local scenarios
- The importance of involving whānau
- The need for more realistic messages and tips around staying alcohol-free

Using these insights, CAYAD Tāmaki Makaurau is looking to support a community organisation to host a video and digital content competition to encourage community members to create their own messages on the harms of drinking during pregnancy and to support people to be alcohol-free if they may be pregnant.

The competition would invite community members and groups to submit their creative messages. Winning messages will be shared with the aim of amplifying community voices and increasing awareness of the harms of drinking during pregnancy and ways to reduce those harms.

We will be presenting on the insights of the workshops and the community-led messaging created.

Biography of presenting author

Ella joined CAYAD at the start of 2019 and is passionate about reducing alcohol and other drug harm as well as improving the wellbeing of youth in Tāmaki Makaurau. She has a Master's Degree in Public Health, which focused on attitudes towards mental health service access. Prior to this, Ella had an academic background in health science and media studies. Her work at CAYAD has focused primarily on FASD awareness-raising, the use of digital media content for harm reduction and connecting with communities on projects to reduce harm from alcohol and other drugs.

Fetal Alcohol Spectrum Disorder – Oranga Tamariki and Addiction

Rose Hawkins, Regional Disability Advisor, Oranga Tamariki

FASD is highly prevalent in child protection and secure youth justice settings internationally. The work of Oranga Tamariki, Ministry for Children, is intertwined with trauma, alcohol, substance and addiction issues within families. As such, it's important for Oranga Tamariki and addiction agencies to understand each other's work. Oranga Tamariki has been working collaboratively to understand FASD, and has developed resources to assist children and young people with FASD. As part of sharing understanding cross-sectorally, this session will present this work and resources.

Biography of presenting author

Rose is the regional disability advisor for Oranga Tamariki covering Te Tai Tokerau and Auckland regions. Rose has a background in neuro-rehabilitation as a physiotherapist and has developed knowledge of health and disability systems in previous management and funding roles. This, together with her experience as a caregiver and working closely with social workers and experts in the field, has informed Rose's development of the resources she will present at the FASD workshop.

Recognising and responding compassionately to Fetal Alcohol Spectrum Disorder

John Vogenthaler, Programme Lead/Principal Advisor Disability, Te Pou o te Whakaaro Nui and Matua Rāki

Matua Rāki has developed resources and training for frontline professionals to better recognise and respond to FASD as part of *Taking Action on Fetal Alcohol Spectrum Disorder: 2016-2019: An Action Plan*.

Learn about the co-design methodology and community engagement in the Far North and Deep South that led to the development of the framework *FASD: Essential Strategies: A resource for frontline professionals*, as well as the blended learning which combines an e-Learning course with an interactive, face-to-face workshop.

It also offers a glimpse of the landscape of FASD across New Zealand and challenges professionals to think about how they can develop more FASD-informed practice to better support individuals and whānau living with FASD and other forms of neurodisabilities.

Biography of presenting author

John's career began as a special education teacher in inner-city Chicago working with children with a range of disabilities, most of whom presented with complex behaviours and learning challenges. In Aotearoa, John has had a number of different clinical roles in the disability sector, as a behaviour support specialist, autism specialist worker, complex support advisor, and care manager supporting people under the Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003. He is constantly challenging others to consider how disabled people are being included and advocating for the human rights of some of our most vulnerable community member.